

RSE - Year 1	
Theme	Intended learning outcome
My body.	I can name parts of my body. I can talk about the different parts of my body and what they do. Children learn the correct names for parts of their body, including male and female genitalia and their functions.
My body belongs to me.	I can talk about me and my body. I can explain that my body belongs to me. I can say who I would go to if I have a question or worry.
Privacy.	I can explain that parts of my body are private and this applies to others too. I can say who I would go to if I have a question or worry.
Friendship	I can talk about how to make and sustain friendships. I understand the importance of kindness and empathy. I understand that friends have disagreements and can think of positive ways to cope and respond.
People who are special to me.	I can identify the adults in my life who help, care for me and look after me. I can talk about how adults help, care for me and look after me.
When I have a question or a worry.	I can name who I can go to with a question or a worry. Children understand that care can be physical and emotional.
Looking after plants.	I can recognise and name common fruits and vegetables. I know what affects the growth of plants. I can describe the care required to grow and nourish a plant.
Learning about lifecycles.	I can sequence the life cycle of specific animals. I can investigate factors that affect the growth and development of living things.
Looking after pets.	I understand the responsibilities of pet ownership. I can describe how to care for a pet. I am beginning to understand and describe the things I need as a child to grow and develop.
Families are different.	I can identify the adults in my life who care for me and look after me. I can talk about the differences between families.
This is how I feel. Feeling safe.	I can communicate my feelings. I can discuss relationships and friendships. I know who can help me and keep me safe and who I can talk to if I am worried. I am learning to communicate effectively.
Stereotypes	I understand that stereotypes about girls and boys exist. I can explain why these are often incorrect. I can challenge stereotypes.
Appropriate contact / physical greetings.	I understand that some types of physical contact are never / sometimes / usually appropriate.
How to stay safe online	I know when I should talk to a trusted adult about online activity, including upsetting images, unreliable information, talking to strangers online.
Being kind online	I know how to be safe online and be a good friend. I know there are consequence to behaviour. I know to ask an adult if I am unsure about something.
Responsible online use	I can identify some simple examples of my personal information e.g. name, address, age etc. I can describe who would be trustworthy to share my personal information with. I can explain and give examples of what is meant by private and keeping things private. I can identify rules that help keep us safe and healthy when using technology.