

RSE - Reception	
Theme	Intended learning outcome
My body	<p>I know my body changes as I grow.</p> <p>I know that external body parts have names.</p> <p>I am beginning to know that some parts of my body are private.</p> <p>I understand that there are differences between girls and boys.</p> <p>I know why keeping clean is important and how to take responsibility for some of this. E.g hand washing and tooth brushing.</p>
My body belongs to me.	<p>I understand that my body is mine.</p> <p>I understand about personal space.</p> <p>I am beginning to understand what private means.</p> <p>I am beginning to understand that some parts of my body are private.</p> <p>I am beginning to understand about touching and what is appropriate and what isn't.</p> <p>I am learning how to react if I feel uncomfortable with someone.</p> <p>I know who can help me and keep me safe and who I can talk to if I am worried.</p> <p>I am learning how to communicate effectively.</p>
Unique, similar or different.	<p>I understand that everybody has different special qualities.</p> <p>I know that there are parts of our body that are the same as others and parts that are different such as colour of hair, eyes, skin, height and size.</p> <p>I know that all of us have differences that make us unique.</p>
Our families.	<p>I understand that families are made up of lots of different people who care for us.</p> <p>I can think about my own family.</p> <p>I know that I have a right to be cared for and why this is important.</p> <p>I know that care can be different and come from different people.</p> <p>I understand that there are lots of types of family.</p> <p>I appreciate that everyone comes from different types of families.</p> <p>I am learning to respect how people's lives are different.</p>
People who help me and look after me.	<p>I know that adults have different roles to play in helping us such as parent, carer, teacher, doctor.</p> <p>I know that I have a right to be cared for and why this is important.</p> <p>I know that care can be different and come from different people.</p> <p>I am aware of who I can talk to if I am worried.</p>
Asking questions, making choices and saying yes and no.	<p>I can express what I like and don't like and why.</p> <p>I am beginning to co-operate and share with others.</p> <p>I am learning what manners are and why they are important.</p> <p>I am learning to listen to others.</p> <p>I am learning how to communicate effectively.</p> <p>I can take part in discussions.</p>
Friends and friendships	<p>I am beginning to co-operate and share with others.</p> <p>I am beginning to understand why friends are important.</p> <p>I am developing friendships.</p> <p>I know that it is important to get along with others.</p> <p>I am learning what manners are and why they are important.</p> <p>I am learning to listen to others.</p> <p>I am learning how to use positive verbal and body language.</p> <p>I am learning how to communicate effectively.</p> <p>I can discuss what a friend is and I am learning to make new friends.</p> <p>I understand about personal space.</p>
Playing together and being kind.	<p>I am beginning to co-operate and share with others.</p> <p>I can recognise how other people are feeling.</p> <p>I know that it is important to get along with others.</p> <p>I am learning what manners are and why they are important.</p> <p>I am learning to listen to others.</p> <p>I am learning how to use positive verbal and body language.</p> <p>I am learning how to communicate effectively.</p>
Personal space and privacy.	<p>I understand that my body is mine.</p> <p>I understand about personal space.</p> <p>I am beginning to understand about appropriate closeness and touch with different people.</p> <p>I am beginning to understand what private means and when privacy is necessary.</p> <p>I am learning how to react if I feel uncomfortable with someone.</p>

RSE Reception page 2	
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When I feel sad or upset.	<p>I know that I have a right to be cared for in certain ways and why this is important.</p> <p>I am beginning to understand that my body and mind both need to be looked after.</p> <p>I know who can help me and keep me safe and who I can talk to if I am worried.</p> <p>I am learning how to communicate effectively.</p>
Looking after plants and animals.	<p>I know what a living thing is and what it needs such as food.</p> <p>I understand that different living things have different needs.</p> <p>I understand and can name the life cycles of some plants and animals.</p> <p>I am beginning to learn what is the same and what is different about life cycles.</p> <p>I can discuss what I have learnt.</p>
Looking after a baby.	<p>I understand that all humans are part of a life cycle with different stages.</p> <p>I know, understand and can discuss some of a baby's basic needs such as feeding, changing, washing, cuddling and sleeping.</p>