

RSE Year 6	
Theme	Intended learning outcome
What is love. Being attracted to someone.	I can talk about friendships and relationships. I can talk about the importance of being cared for, caring for others, caring for myself and what love means.
Sex. <i>Children are given basic knowledge about sexual intercourse. This lesson places sex as part of adult relationships which are characterised by kindness, love and intimacy. The age of consent is introduced.</i>	I can name the private parts of my body. I understand that puberty results in physical and emotional changes. I understand that sex is something that adults do in a relationship. I understand what sex / sexual intercourse can involve.
How human life begins.	I can explain how human life begins, what pregnancy is and how a baby is born.
What do parents / carers need to know.	I can talk about what a parent/carer does to make sure their child is healthy, happy and safe. I can describe the diversity we find in family life. I can discuss some of the challenges of being a parent / carers. I talk about the kind of parent / carer I would be.
Understanding human sexuality.	I recognise what makes me special and unique. I can talk about aspects of human sexuality .
Menstruation <i>Children will look at period pads, tampons and sustainable products such as period knickers and menstrual cups.</i>	I can name parts of the body. I can describe the changes that take place with puberty. I understand how to maintain personal hygiene.
Conception and pregnancy	I understand how babies are made and about pregnancy.
Coping strategies for managing feelings of loss and grief.	I can describe what I would do to support a friend who felt sad. I can identify three ways of coping with loss or grief. I can identify who I can as for support with difficult feelings.
Self care. <i>Children learn about self care strategies including connecting with others, being active and learning something new.</i>	I can explain what self care means. I can identify a range of self care strategies.
Building connections	I can explain what loneliness means. I can explain what connection means. I can look out for others who might be feeling lonely.
Transition - Moving schools	I can describe how friendships may change when moving schools. I can explore how changing friendships make us feel. I understand how to resolve issues that these changing friendships may bring.
Online behaviour / unacceptable behaviour. It's just a joke.	I can recognise that online behaviour that uses gender stereotypes or body shaming to upset and hurt people. I know how to seek help for myself or others experiencing cyberbullying. I can recognise online content that can cause upset hurt. Or shock. I know that sharing this content for a joke is not kind or respectful.