



Scoill yn Jubilee

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5th March 2025

Dear Parent/Carer,

Further to our letter dated 4th September 2024, we would like to give you some additional information regarding the Effective Relationships and Sex Education (RSE) curriculum.

Effective RSE enables our children's voices to be heard. It gives them the correct language to communicate about their bodies and feelings without shame. RSE strives to offer children the information and skills needed to make informed choices about their wellbeing, health and relationships throughout their life.

Children learn about relationships and sex from the world around them, even if we don't talk with them about it. Some of the things they learn are incorrect, confusing and frightening. In a world where most children have internet access and are surrounded by images in the media, on social media platforms and computer games it is more important than ever that we should talk to our children to help them make sense of it all.

Parents and carers are the key people in their family's learning about relationships and sex and schools should always work in partnership with families. Parents and carers need to know that the school's RSE programme will complement their role and support parents/carers in the education of their children regarding relationships and sex. We will endeavour to ensure that RSE is age appropriate and inclusive for all our children.

Details of the content for each year group and the learning intentions for each theme can be found on our school website.

Due to the RSE curriculum being paused by the DESC, we have identified that an additional theme to the year 5 programme will be learning about puberty, menstruation and personal hygiene. This will be taught to all year 5 children, however, there will be a girl only session about menstruation where we aim to create a space for girls to ask questions and have an open discussion about the practicalities of managing menstruation in school, and at home.

We understand that decisions regarding a child's education are personal and often reflect individual family values and beliefs. We respect the rights of parents and carers to make decisions in the best interest of their child. If after looking at the themes and learning intentions, you have any concerns please speak to your child's class teacher.

Yours sincerely,

Mr A Shorthouse
Executive Headteacher